

THE EXCHANGE

Careers Newsletter - February

Iss 7.



February is here, and the perfect chance to show your future self some love! Whether you're exploring new ideas, looking for opportunities, or taking your first steps toward long-term goals, this month is full of chances to find what motivates you. In this Valentines edition, we're sharing resources, insights, and upcoming events designed to help you fall in love with your career journey and take confident next steps toward your future.

Careers quote of the month

Progress isn't about being perfect – it's about being willing to try, learn, and keep moving.



Careers Tip of the month

Do one small, brave thing this month – ask someone for help, advice, or an opportunity. A single message could open a door.



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Student of the month

Each month students will be recognised for their commitment, enthusiasm and proactive participation in career development activities. They will be awarded a certificate and an Amazon voucher.

Health and Social care student Shnyar has accessed lots of careers support to help her get her chosen place to study Psychology at University.

Come along to the careers centre to find out more and get involved in all things careers!

What's coming up?

Careers fair 2026

Tuesday 17th March, 11.00am - 3.00pm
Sports Halls, Leisure Centre

discover YOUR NEXT STEP

Blackburn College

Connect with over 80 organisations, including:

KPMG NHS
BAE SYSTEMS
Lancashire Constabulary

The Blackburn College Careers Fair is your chance to meet a fantastic range of employers about apprenticeships, jobs and future career pathways. Come along and chat directly with top organisations – including major names like BAE Systems and KPMG – and discover what opportunities could be a perfect fit for you.

Whether you're exploring ideas or ready to take your next step, this is the ideal place to get inspired, ask questions, and make valuable connections for your future.

Contact careers@blackburn.ac.uk for more information.

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What's coming up?

**Championing Apprenticeships -
Online Virtual Event hosted by Warner Bros.
Discovery's Early Talent Team**

Join the webinar to learn more about Apprenticeships in the entertainment industry and the chance to hear from current apprentices!



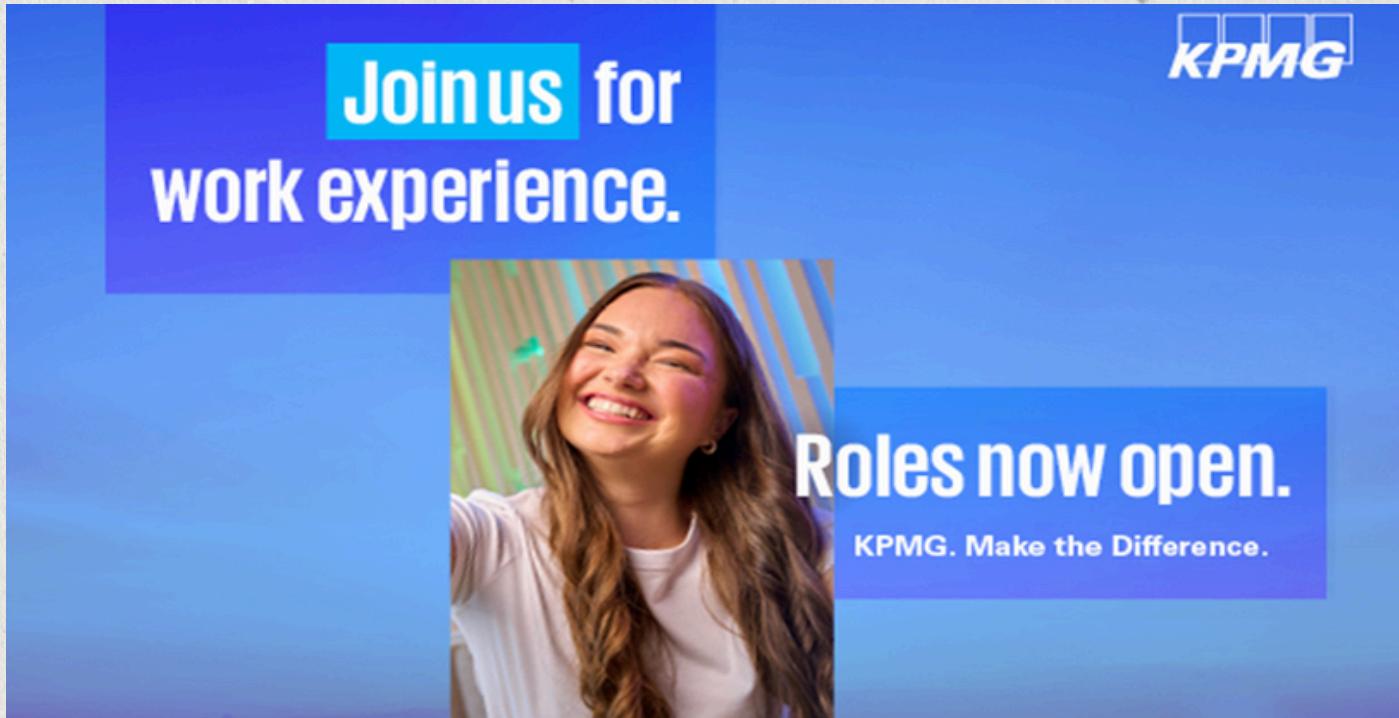
Register [here](#) to join on Tuesday 10th February.

**Festival of Apprenticeships -
Online Careers Fair**

Join this virtual Careers Fair on National Apprenticeship Week 2026 to discover more about the fantastic world of apprenticeships!

The event will cover everything from discovering opportunities with organisations first-hand and guidance on how to apply for and make the most of an apprenticeship!

Taking place on Monday 9th February at 12.00 - register to attend [here](#).



Join us for work experience.

Roles now open.

KPMG. Make the Difference.

Applications are open for the KPMG Discovery Work Experience programme

The in-person Discovery Work Experience programmes will run in August 2026 in Manchester: 3rd - 5th August 2026

Upon completion of this 3-day paid programme, you'll also have the chance to get a head start on the recruitment process for one of the Apprenticeship Programmes in Tax, Audit or Business Services.

Apply at: <https://www.kpmgcareers.co.uk/apprentice/work-experience/discovery-work-experience/>

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What's coming up?

APPRENTICESHIPS ARE OPEN

Level 3 - Assembly Operative x 10

Level 4 - Automotive Engineer x 4

Level 4 - Facilities & Maintenance x 1

Level 4 - Fabrication and Welding x 1

Level 5 - HR x 1

Level 6 - Design Engineer x 2

Level 6 - IT Software Engineer x 1

Level 6 - Supply Chain x 1

Visit leylandtrucksLtd.co.uk/apprenticeships

THE NORTH WEST
APPRENTICESHIP
& CAREERS EXPO

THE NORTH WEST
APPRENTICESHIP
& CAREERS EXPO
VISITORS



The North West Apprenticeship and Careers Expo is Lancashire's largest dedicated careers exhibition. With up to 100 exhibitors, this event is the perfect opportunity for anyone, of any age who's on the lookout for a new opportunity, looking to learn new skills or just looking for some advice on potential future career opportunities.

The Exhibition will be packed full of opportunities, and with names such as BAE Systems, NHS, Leyland Trucks, James Hall (Spar), the University of Central Lancashire and the majority of local colleges exhibiting in previous years, we are sure you'll find the best future pathway!

Sir Tom Finney Sports Centre
25th March 2026 from 12pm to 7pm

Reserve your spot [here..](#)

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More opportunities, resources, and services!

The January edition of the Higher & Degree vacancy listing has now launched!

Explore 1,600+ Higher and Degree apprenticeship vacancies from 65+ employers, including EDF, TfL, Babcock, Barratt Redrow, IBM, GXO, KPMG, Metropolitan Police, Bishop Fleming and many more! Download the Higher & Degree [here](#).



Lancashire Police Constable Apprenticeship Recruitment Event -

Wednesday 11 February 2026 (4-7pm)

Location - University of Lancashire

[Register here](#).



This event is designed to give prospective Police Constable Degree Apprenticeship (PCDA) applicants a clear insight into the role of a police constable and the recruitment process.

Lancashire Police will be recruiting for a new cohort of Police Constable Degree Apprentices, due to commence in November 2026.

**YOUNG
PROFESSIONALS**

Join the Young professionals network and gain access to work experience opportunities, networking events, workshops and masterclasses.

Great opportunity to strengthen your employability skills and make your CV stand out from the crowd.

What is Labour Market Information?

Labour Market Information, often shortened to LMI, is a collection of facts and figures about employment which help us understand the job market more. This information includes skills required for jobs, demand for jobs and potential growth sectors, and information on pay and conditions.

To look at which skills employers are seeking in different areas of the UK and to explore local trends, you can use this website [here](#).

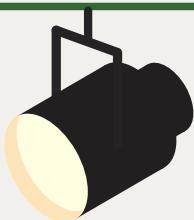


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LMI Spotlight on the Health and Social Care sector



Are you kind, caring and compassionate? If so, then a career in this sector could be right for you!

We tend to think of hospitals and our local GP when we think of this industry but it's much more complex.

The health and social care industry has a variety of roles across hospitals, clinics, care homes and in the community too, looking after people in their own homes.



Skills

In-demand skills and qualities include compassion and empathy, calm under pressure, team working, respect and communication.



2,400

Businesses

There are 2,400 businesses in this sector, 150 of which employ between 50 and 249 people.



107,000

People employed

This sector employs more than 100,000 people - 16% of the Lancashire workforce.

JOB OF THE MONTH:

Cardiologist

Something to...

DO...



Book a Virtual Reality
Mock interview

Practice your interview skills using Body swaps on the VR head set, set in a real-life interview scenario. Plus you'll receive feedback to help you improve for next time!

[Book here!](#)

LISTEN TO...



Future You

Future you is an education podcast that has been running since 2019, focusing on helping you achieve your career goals.

Listen [here](#) wherever you are in your career journey!

Future You

READ...



The Topic on Prospects

The Topic covers a range of Careers related news and reports, including everything from finances, to digital skills and LMI! Read more [here](#)!

The Topic on Prospects

WATCH ...



Lancashire LMI

Watch a range of videos by local employers provided by Lancashire LMI.

Be inspired by local opportunities and future growth. Find out more [here](#)!

Lancashire LMI

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The Careers Team are based in the Careers and Personal Development Centre, located within the University Centre (UC010). The service is provided by a full team of qualified careers advisors, who are here to support every student, at every study level, with their career planning and progression. You can book an appointment or drop in any time Monday – Friday for help with:

- Career Planning
- Finding employment
- Writing or updating your CV
- Interview Skills
- Choosing your next course
- Changing Career
- Applying to University
- Applying for Graduate opportunities



**To book an appointment, please
scan the QR code or drop into the
Careers Centre any time.**

**Mondays - 8.00-6.00pm
Tuesday - Friday 8.00 - 4.00pm**



Careers are also contactable on **careers@blackburn.ac.uk**